

Contract Trainers Australia

Professional Trainers supporting
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Making the most of being Mentored Training Course



Making the most of being Mentored Training Course

This Training course for Mentees is the perfect course to give your Mentoring Program the 360 degree training it requires to gain momentum and be successful in your organisation.

Outcomes

By the end of this course participants will be able to:

- Explore how a mentoring relationship can be beneficial to the mentee, the mentor, the organisation, and possibly, to friends and family members.
- Discuss the responsibilities of mentees in managing their own personal development and career growth.
- Explain the skills needed to foster successful mentoring partnerships.
- Provide guidance on building and maintaining productive mentoring relationships.
- Identify techniques for maximising results and using new skills to contribute to the success of the organisation.

Introduction:

As skilled, educated and motivated as you are, learning from someone who knows the ins and outs of your organisation and your industry can be a powerful business asset. But the responsibility to find that person, build a strong relationship, and put your knowledge to work starts with you. Learn how to create and maintain a mutually rewarding mentor/mentee relationship.

Course Length:

1-day

Certificates:

Certificates of Completion are issued to each participant

(this course has a post-course assessment available for validation of learning)

Making the most of being mentored training course Part 1

The Heart of the Mentoring Relationship

- The Trio Definitions
- The Benefits of Being Mentored
- Mentoring in the Past
- Mentoring Today
- The Trend Continues
- Mentor-Mentee Mutuality
- The Essence of Mentoring
- Realising Potential
- The Mentoring Commitment
- Part Summary

Making the most of being mentored training course Part 2

The Proactive Mentee

- The Mentee as Collaborator
- Inviting a Mentor to Collaborate
- Managing Your Own Development
- Our Own Motivation & Sense of Self-Determination
- The Value of Being an Active Learner
- Making a Habit of Lifelong Learning
- Creating a Flexible Life Plan
- Shifting Your Mental Context
- Staying Flexible
- Part Summary

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With 300 trainers Australia wide we can provide a trainer to meet your needs.

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Making the most of being mentored training course Part 3

Seven Critical Mentee Skills

- Identifying Effective Mentee Skills
- Skill 1: Ask Productive Questions
- Skill 2: Develop Triple-Level Listening Skills
- Skill 3: Use Trust as Your Glue
- Skill 4: Overcome the Awe Factor
- Skill 5: Resolve or Manage Differences
- Skill 6: Capture the Gifts of Learning
- Skill 7: Internalise the Learning
- Part Summary

Making the most of being mentored training course Part 4

Building a Productive Relationship

- Build a Productive Relationship
- Form the Mentoring Relationship
- Create Guiding Principles
- Establish Procedures for Meetings
- The Spectrum of Mentor & Mentee Interactions
- The Evolution of the Partnership
- Types of Mentoring Relationships
- Align Expectations
- Giving Back: Balancing the Relationship
- The Emergent Property: Synergy
- Part Summary

Making the most of being mentored training course Part 5

Fine Tuning & Transitioning the Mentoring Relationship

- Creating Balance in Your Life
- Identifying and Using Learning Styles
- Workplace Diversity: Gaining a New Perspective
- Embracing Change
- Overcoming Inertia in the Organisation
- Transitioning / Ending the Relationship
- Part Summary
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Making the most of being mentored training course Part 6

Conclusion

- Course review
- Planning engagement with the mentees
- Post Course assessment if required

Making the most of being Mentored Training is one of the Professional Development Training Courses delivered by **contract trainers** in Brisbane, Sydney, Canberra, Melbourne, Adelaide and Perth.

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